

VIRGINIA BOARD OF MEDICINE  
MINUTES  
Ad Hoc Committee on Controlled Substances Continuing Education

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Friday, November 27, 2018      Department of Health Professions      Henrico, Virginia

**CALL TO ORDER:**            The meeting of the Ad Hoc Committee convened at 1:59 p.m.

**MEMBERS PRESENT:**    Kevin O'Connor, MD, Chair  
                                 Robin Hills, NP  
                                 Ralph Orr  
                                 David Taminger, MD

**MEMBERS ABSENT:**      Lori Conklin, MD

**STAFF PRESENT:**        William L. Harp, MD, Executive Director  
                                 Tamika Hines, Discipline Reinstatement & CCA Case Manager  
                                 Barbara Allison-Bryan, MD, DHP, Deputy Director

**OTHERS PRESENT:**      Jerry Canaan, HDJ

**SUMMARY OF MEETING:**

Dr. O'Connor called the meeting to order. The roll was called and a quorum declared. The Emergency Evacuation Instructions were given.

Dr. Taminger moved to approve the minutes of October 28, 2016. The motion was seconded and carried.

Dr. Taminger moved to adopt the agenda as presented. The motion was seconded and carried.

The members discussed Code Section 54.1-2912.1 which authorizes the Board of Medicine to require 2 hours of continuing education on opioids each biennium. The topics included in the law are those related to pain management, the responsible prescribing of controlled substances, and the diagnosis and management of addiction. The Board is to notify its licensees subject to the 2-hour requirement prior to January 1 of each odd-numbered year. The Ad Hoc Committee met on November 27, 2018 and developed a recommendation for the next biennium for the Board's consideration.

The Committee thought the Board should offer a "package" of continuing education that would satisfy the 2-hour requirement. It also endorsed the principle that licensees should be able to select activities they deemed valuable to their day-to-day practice.

---FINAL APPROVED---

The “package” would include:

- Reading the Board of Medicine Regulations Governing Prescribing Opioids and Buprenorphine
- Reading the Board’s FAQ’s on Opioids and Buprenorphine
- Viewing the PMP video on NarxCare (Generic Navigation-6 minutes & 51 seconds)
- Taking the Stanford University course on “How to Taper Patients Off of Chronic Opioid Therapy” which provides 1.25 hours of Category I AMA PRA credit

**MOTION:** The members unanimously agreed to recommend both a 2-hour “package” on the Board’s website and the option for licensees to pick their 2 hours of opioid continuing education activities.

With no further business to discuss, the meeting was adjourned at 2:57 p.m.

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Kevin O’Connor, MD  
Chair

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William L. Harp, M.D.  
Executive Director

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Tamika Hines  
Recording Secretary